

## OFF THE TRACKS 2024

Donington Park Farmhouse Hotel, Melbourne Rd, Isley Walton, Castle Donington DE74 2RN, United Kingdom

### MAIN STAGES – PLEASE SEE OUR WEBSITE FOR FULL LIST

#### FRIDAY 30TH AUGUST

MARQUEE STAGE	BLACK BARN STAGE	THE THRESHING BARN	OAK ROOM MIDNIGHT SESSIONS
19:00 Seas of Mirth 20:30 The Beat ft Ranking Jr. 22:30 Dub Pistols	19:30 Peet Jackson 21:00 Carol Hodge Band 22:30 Babal 00:00 Dr Trippy	0:00 DJ Edgie	0:00 Hard Rockin Amigos

#### SATURDAY 31ST AUGUST

12:30 Rogue Turpin 14:00 Skarantinos 15:30 Po' Boys 17:00 The Karma Effect 18:00 Beer Break 19:15 Roving Crows 20:45 Black Water County 22:30 Peatbog Faeries	13:00 Nottingham Samba Collective 15:00 Galdorcræft 16:30 Jess Silk Trio 18:00 Project Emptyhead 19:45 Monkey Trial 21:15 Ramblin' Preachers 22:45 Banco de Gaia 00:15 Keepers Brew	0:00 Dr Matt & DJ LipGlossBoss – Silent Disco	0:00 The Raindogs
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#### SUNDAY 1ST SEPTEMBER

#### SATURDAY 31ST AUGUST – DREAMS STAGE

12:30 String Beats 13:50 Grupo Lokito 15:10 The Bar-Steward Sons of Val Doonican 16:40 The Leylines	13:30 Sam Tucker? 14:30 Phil Cudworth & Boz 15:30 Ellis Bates Barraclough 16:30 Riley Marsh 17:30 Beer Break	18:15 Battery Operated Orchestra 19:15 Clum 20:15 James Glew 21:15 Andy & Grace 22:15 Ovni and Purusha
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### THE ENERGY ORCHARD & COURTYARD

#### FRIDAY 30TH AUGUST

##### THE ENERGY ORCHARD

16:00 Drum-Led Meditation Journey – get into a relaxed meditation state with the drumming vibe! Bring a yoga mat/cushion and get yourself comfy

#### SATURDAY 31ST AUGUST

##### COURTYARD

09:00 Morning yoga/stretches

Black Pig Border Morris Dancers

12:00 Drum-Led Meditational Relaxation Journey – relax and let the rhythmic drum beats lead the way. Bring a yoga mat/cushion if you have one.

Nottingham Samba School

14:00 Gong Journey – experience the vibrational sounds that emanate from the Gong to help restore your inner peace, harmony and balance.

16:00 Joyful Kirtan – call & response singing meditation, that you can join in with or just chill-out and listen. Bliss! Led by Jane with instrumental accompaniments.

#### SUNDAY 1ST SEPTEMBER

#### EVERY DAY AT ENERGY ORCHARD

09:00 Elemental Tai Chi

Massage Therapies, Indian Head Massage, Sound Therapy, Shiatsu, Hopi Ear Candles, Reiki, Cancer Touch™ Therapy, Natural Facelift Massage, Quantum-Touch®, Henna, Oracle Card Reading.

10:30 Song of the Energy Orchard